

# **LIFEGUARD GAMES**

LIFEGUARD GAMES ARE INCLUDED WITH THE PARTY PACKAGE

**Beach Ball Relay** – You'll need one beach ball per team. To play, divide players into teams and move to one end of the pool. On "Go", a player from each team moves from one end of the pool to the other while pushing the ball with their forehead. Play as a relay race and the team that finishes first wins!

**Coin Hunt** – Throw a large amount of pennies into the pool and have the players dive for the change.

**Floating Treasure** – You'll need lots of things that float – corks, small floaties, rubber duckies, balls, etc. – whatever you have available. To play, all players move to one wall of the pool, while someone throws the floating objects into the pool. On "Go", players try to collect as many objects as possible.

**Freeze Tag** – Select one person to be "It" and have them try to tag other players. If a player is tagged, they become frozen. To become "unfrozen", a person has to swim thru the frozen player's legs.

**Noodle Race** – You'll need a long swimming noodle per player. To play, have players sit on the noodles like sitting on a horse and race across the pool. You can also divide the players into teams and play this game as a relay race.

**Pool Toss** – You'll need lots of soft water balls, or anything soft that floats in water and can be thrown. Use a rope or net to divide a pool into two halves. Divide players into two teams, with a team in the pool on each side of the rope. Give each team the objects to be thrown (an equal number of items to each team). On "Go", each team tries to throw all of their items across the rope to the other side, keeping all items out of their side of the pool. Play for five minutes, and at that time end the game. The team that has the least amount of items on their side when the game ends is the winner.

**Shark & Minnows** – To play, select one player to be the Shark. The remaining players are the Minnows. The Shark is at one end of the pool with the Minnows are at the other end of the pool. On "Go", the Minnows try to move from one end of the pool to the other. The Shark tries to tag the Minnows. If a Minnow is tagged they become a Shark.

**Octopus** - Choose a person to be "it". They stand in the middle of the pool. Players line up on one side of the pool and try and swim to the other side without being tagged. The players who are tagged hold hands with "it" and for the next round all the players holding hands try and tag the swimmers as they try and make it to the other end of the pool. Keep going until all players have been tagged – then choose another "it" and start again. Lots of fun!

**Water Tag** - Use a splash ball or large sponge for "it" to tag other players. Throw the ball or sponge and whoever "it" hits becomes the new "it".

**Ball Scramble** – Players are divided into two teams. Each team stands on their side of the pool while the balls are dumped into the pool. On "go" the teams scramble to collect balls and place them in their container. The team that collects the most balls wins! Have them collect them in different colored baskets or buckets that are placed on the edge of the pool. Great for individual or team play.