



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30 - 8:30 am Aerobic Mermaids (High Intensity)		7:30 - 8:30 am Aerobic Mermaids (High Intensity)		7:30 - 8:30 am Aerobic Mermaids (High Intensity)		
9 - 10 am Water Fitness (Beginner/Intermediate)	8:30-9:30 am SilverSplash®	9 - 10 am Water Fitness (Beginner/Intermediate)	8:30-9:30 am SilverSplash®	9 - 10 am Water Fitness (Beginner/Intermediate)		
10 - 11 am SilverSplash®	10am-6pm Swim Lessons	10 - 11 am SilverSplash®	10am-6pm Swim Lessons	10 - 11 am SilverSplash®	9 - 12 pm Swim Lessons	10 - 10:55am Open Lap Swim
11 - 12 pm Hydrotherapy		11 - 12 pm Hydrotherapy		11 - 12 pm Hydrotherapy	12-12:30pm Assessments	11am-2pm Swim Lessons & Scheduled Lap Swim
3pm-8pm Swim Lessons	6 - 7 pm Aqua Adventures	3pm-8pm Swim Lessons	6 - 7 pm Aqua Adventures	12:15-2:00pm Personal Training	12:30 - 2:30 pm Open Swim <i>\$7 per Person</i> <i>\$20 per Household</i> <i>(Non Enrolled Rate)</i>	<b>SPLISH SPLASH PARTIES</b> 2:30pm - 4:30pm and 5:00pm - 7:00pm
				4:00-7:00pm Open Swim <i>\$7 per Person</i> <i>(Not Enrolled)</i> <i>\$5 per Person</i> <i>(Currently Enrolled)</i>	<b>SPLISH SPLASH PARTIES</b> 3:00pm - 5:00pm and 5:30pm - 7:30pm	

FACILITY RENTALS AVAILABLE - SEE THE OFFICE FOR DETAILS!

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